Lauf: 5km (m)







			-		_	Statusport	-	Lennepark
Platz	Vorname	Nachname						Runde 1
1	Emanuel	Hardorp	52	00:19:11			00:07:23	00:03:32
2	Bodo	Schindler	13	00:21:53	00:17:24	00:12:54	00:08:20	
3	Harald	Richter	7	00:23:22	00:18:42	00:13:59		00:04:30
4	42		42	00:24:12	00:19:25	00:14:24	00:07:53	00:03:40
5	24		24	00:24:52	00:17:59	00:10:52	00:05:12	00:04:34
6	43		43	00:25:27	00:20:04			00:03:42
7	37		37	00:25:28	00:20:07	00:14:40		00:04:14
8	Sebastian	Borkenhahn	60	00:25:55	00:20:02	00:14:37	00:09:15	00:04:25
9	Karsten	Bohlig	1	00:27:01		00:16:15	00:10:38	00:05:11
10	33		33	00:27:09			00:09:34	00:04:33
11	25		25	00:27:23		00:16:24		00:04:17
12	Jürgen	Radue	5	00:27:29	00:21:52	00:16:08	00:10:31	00:05:01
13	Andreas	Senkpiel	3	00:28:42	00:23:04	00:17:18	00:11:38	00:05:45
14	Kay	Lubetzki	11	00:29:10	00:23:00	00:16:28	00:10:26	00:04:42
15	Peter	Mäcksch	4	00:29:40	00:23:02	00:16:54	00:11:09	00:05:27
16	Niklas	Hendel	53	00:29:50	00:23:51	00:17:50	00:11:54	00:05:57
17	Sebastian	Hendel	51	00:29:51	00:23:49	00:17:47	00:11:53	00:05:54
18	46		46	00:29:58	00:23:34	00:17:15	00:11:14	00:05:25
19	10		10	00:30:00	00:23:54	00:17:58		00:05:16
20	Thomas	Schmidt	19	00:30:03	00:23:57	00:17:37	00:11:36	00:05:48
21	11		11	00:30:03	00:29:46	00:19:44	00:08:23	00:04:42
22	44		44	00:31:53	00:26:10	00:12:04	00:07:15	00:05:32
23	Siegmund	Ollnow	6	00:32:30	00:25:43	00:18:40	00:11:47	00:05:29
24	17		17	00:32:47	00:26:20		00:11:23	00:04:56
25	50		50	00:32:54	00:26:17	00:19:34	00:12:51	00:06:06
26	1		1	00:34:30	00:27:07	00:20:42	00:13:44	00:05:05
27	8		8	00:34:32	00:27:03	00:26:53	00:17:57	00:10:34
28	28		28	00:35:18	00:28:27	00:20:10	00:12:25	00:05:25
29	Joachim	Mai	17	00:36:26	00:28:17	00:20:47	00:13:41	00:06:17
30	Reinhold	Dräger	9	00:38:34	00:30:07	00:21:54	00:13:38	00:06:32
31	15		15	00:40:31	00:31:29	00:22:42	00:14:34	00:06:27
32	36		36	00:40:34	00:31:57	00:24:58	00:17:58	00:05:06
33	4		4	00:41:21	00:31:59	00:23:21	00:14:53	00:06:35
34	5		5	00:41:22	00:32:00	00:23:20	00:14:52	00:06:32
35	6		6	00:41:37	00:33:39	00:24:37	00:15:17	00:06:50
36	45		45	00:42:28		00:25:06	00:15:53	00:07:15
37	40		40	00:43:27	00:34:02	00:24:46	00:15:59	00:07:19
38	29		29	00:43:57	00:35:34	00:25:12	00:16:10	00:07:34
	14		14			00:34:18	00:19:48	00:08:13
	Friedrich	Groß	18					00:05:47
	Ralf	Haots-Thomas	64		00:28:49	00:22:49		
	2		2					
	3		3					
	16		16					
	18		18			00:34:21	00:19:49	00:08:12
	26		26			00:34:45	00:26:52	00:12:24
	32		32					
	35		35		00:21:01	00:15:45	00:10:16	00:04:58
	38		38			00:14:07	00:07:50	00:03:36
	39		39					
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Lauf: 5km (w)







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Platz	Vorname	Nachname	Startnr	Runde 5	Runde 4	Runde 3	Runde 2	Runde 1
1	Ewa Irena	Kiedrowicz	54	00:23:17	00:18:35	00:13:48	00:09:03	00:04:26
2	Daniela	Lorenz	14	00:27:16	00:21:35	00:15:56	00:10:10	00:04:54
3	Agnieszka	Kopec	39	00:28:14	00:22:37	00:16:58	00:11:18	00:05:37
4	Katarzyna	Rzucidlo	20	00:28:19	00:22:52	00:17:02	00:11:21	00:05:38
5	Selina	Kohl	8	00:28:52	00:22:50	00:16:47	00:10:46	00:05:03
6	Anne	Lubetzki	12	00:29:09	00:25:47	00:18:31	00:11:43	00:05:13
7	34		34	00:29:46	00:23:52	00:17:06	00:11:10	
8	Anke	Lehmann	56	00:30:20	00:24:01	00:17:42	00:11:32	00:05:43
9	Juliane	Jahny	59	00:30:22	00:24:41	00:18:28	00:12:14	
10	Franziska	Steinhorst	57	00:30:23	00:24:42	00:18:27	00:12:15	
11	27		27	00:30:43	00:23:55	00:17:06	00:11:02	00:05:08
12	Paulina	Wozniak	62	00:31:09	00:24:57	00:18:46	00:12:21	00:06:10
13	Claudia	Wunder	58	00:31:12	00:24:50	00:18:20	00:11:59	00:05:51
14	Franziska	Winnige	15	00:31:33	00:24:47	00:18:06	00:11:43	
15	Anett	Horynski	2	00:32:44	00:26:03	00:19:17	00:12:33	
16	Birgit	Kuzak	55	00:32:44	00:26:09	00:19:20	00:12:43	
17	48		48	00:33:32	00:26:34	00:19:37	00:12:29	
18	Christin	Zühlke	10	00:34:25	00:27:15	00:19:59	00:12:47	
19	49		49	00:35:17	00:28:07	00:21:07	00:13:29	00:06:14
20	22		22	00:35:25	00:27:32	00:19:02	00:11:50	00:05:19
21	Norma	Groß	16	00:36:27	00:28:57	00:21:11	00:13:53	00:06:42
22	31		31	00:37:20	00:29:44	00:21:29	00:13:55	00:06:25
23	Urszula	Sukiennik	61	00:37:30	00:30:15	00:23:06	00:14:10	00:06:21
24	47		47	00:37:39	00:30:04	00:22:09	00:14:28	00:06:55
25	Monika	Jermanowska	63	00:37:42	00:29:58	00:21:48	00:13:32	00:06:21
26	9		9	00:44:38	00:35:00	00:24:35	00:15:13	00:06:15
27	20		20	00:44:41	00:35:02	00:24:34	00:15:10	
28	7		7		00:27:12	00:19:40	00:12:33	00:05:21
29	23		23		00:21:14	00:15:23	00:09:32	00:04:31
30	12		12		00:30:02		00:08:14	
31	13		13					00:03:55
32	19		19			00:34:13	00:19:56	00:08:16
33	21		21					
34	30		30					
35	41		41				00:14:21	

Lauf: 10km (m)







Platz	Vorname	Nachname	Startnr	Runde 10	Runde 9	Runde 8	Runde 7	Runde 6	Runde 5	Runde 4	Runde 3	Runde 2	Runde 1
1	Johannes	Gabbert	10	00:41:10	00:37:28	00:33:12	00:28:54	00:24:39	00:20:28	00:16:10	00:12:01	00:07:53	00:03:53
2	Grzegoz	Ulanowski	49	00:41:13	00:37:25	00:33:09	00:28:51	00:24:34	00:20:29	00:16:15	00:12:06	00:08:02	00:04:00
3	Kai	Goll	16	00:42:00	00:37:40	00:33:16	00:28:58	00:24:42	00:20:30	00:16:12	00:12:02	00:07:54	00:03:56
4	Pawel	Cierach	34	00:43:26	00:39:01	00:34:36	00:30:03	00:25:38	00:21:00	00:16:35	00:12:21	00:08:07	00:04:03
5	Pawel	Kolosza	39	00:45:45	00:41:35	00:37:08	00:32:37	00:27:42	00:22:57	00:18:07	00:13:27	00:08:52	00:04:25
6	Jörg	Heidenreich	23	00:47:26	00:42:40	00:37:46	00:32:56	00:27:53	00:23:08	00:18:23	00:13:44	00:09:07	00:04:33
7	Witold Emanuel	Wieczorek	30	00:47:40	00:41:56	00:37:16	00:32:26	00:27:35	00:22:49	00:18:10	00:13:34	00:08:55	00:04:32
8	Jan	Wilschke	40	00:51:32	00:46:15	00:40:50	00:35:24	00:29:55	00:24:41	00:19:22	00:14:09	00:09:04	00:04:21
9	Grzegorz	Dzierniejko	46	00:52:14	00:47:00	00:41:30	00:36:04	00:30:42	00:25:09	00:19:56	00:14:46	00:09:49	00:04:51
10	Pierre	Baldt	18	00:53:20	00:48:02	00:42:38	00:37:12	00:31:52	00:26:15	00:20:50	00:15:30	00:10:17	00:05:08
11	Robin	Becker	13	00:55:24	00:49:31	00:43:31	00:37:34	00:31:37	00:25:42	00:19:59	00:14:35	00:09:21	00:04:29
12	Przemyslaw	Kozlowski	6	00:57:10	00:51:28	00:45:18	00:39:20	00:33:14	00:27:10	00:21:32	00:15:50	00:10:14	00:04:52
13	Ralf	Malinka	45	00:57:47	00:51:55	00:45:51	00:39:56	00:33:53	00:28:04	00:22:17	00:16:36	00:10:57	00:05:24
14	Robert	Garthoff	21	00:59:34	00:47:10	00:42:22	00:32:29	00:27:39	00:22:56	00:18:05	00:13:24	00:08:50	00:04:22
15	Björn	Gläss	42	00:59:54	00:53:24	00:46:53	00:40:38	00:34:22	00:28:23	00:22:31	00:16:41	00:11:01	00:05:39
16	Rudolf	Lange	36	00:59:57	00:54:24	00:48:11	00:41:49	00:35:26	00:29:10	00:22:50	00:16:46	00:10:55	00:05:15
17	Wojciech	Kozak	48	01:00:36	00:54:14	00:47:56		00:35:21	00:29:03	00:22:58	00:16:44	00:10:49	00:05:14
18	Wiktor	Zapaca	17	01:01:19	00:54:48	00:48:14	00:41:47	00:35:28	00:29:09	00:23:00	00:16:49	00:10:52	00:05:13
19	Markus	Trietz	27	01:07:01	01:00:05	00:52:47	00:45:26	00:38:20	00:30:50	00:23:34	00:16:58	00:10:43	00:05:03
20	Detlef	Konrad-Preuß	50	01:11:48	01:04:30	00:56:47	00:48:56	00:41:11	00:33:41	00:26:11	00:19:04	00:12:05	00:05:44

Lauf: 10km (w)







Platz	Vorname	Nachname	Startnr	Runde 10	Runde 9	Runde 8	Runde 7	Runde 6	Runde 5	Runde 4	Runde 3	Runde 2	Runde 1
1	Malgorzata	Konopka	2	00:49:59	00:45:05	00:40:05	00:35:00	00:29:58	00:24:45	00:19:44	00:14:39	00:09:37	00:04:41
2	Victoria	Fritsche	12	01:06:20	00:59:31	00:52:25	00:45:32	00:38:41	00:31:59	00:25:00	00:18:13	00:11:36	00:05:25
3	Eileen	Wurl	5	01:09:48	01:03:44	00:56:53	00:49:47	00:42:36	00:35:07	00:27:44	00:20:25	00:13:21	00:06:22
4	Lisa	Karras	35	01:09:49	01:03:45	00:56:56	00:49:45	00:42:33	00:35:07	00:27:47	00:20:23	00:13:19	00:06:23
5	Petra	Kühl	7			01:03:23	00:55:04	00:46:42	00:38:49	00:30:43	00:22:32	00:14:36	00:06:54